



St Bede's SMVSC Learning Journey

YEAR 5

YEAR 6

YEAR 7

YEAR 8

Avoiding Conflict Positive Relationships Standing Against Discrimination Dealing with Negative Emotions and Relationships

Talents Teamwork National identities Marriage Body image **PREJUDICE** Stereotypes Media influence Family conflict

Bullying Bullying Bullying Bullying

Cyber safety Self-esteem Social media Under pressure Friendships Bullying Happiness and positivity Loan sharks

Changing Bodies Respecting our Bodies Looking After our Bodies Understanding our Bodies

Boys' and Girls' Bodies Families, friends and others Making babies Peculiar feelings Where we come from Healthy relationships Appreciating differences Feelings

Staying Safe in the Wider World Staying Fit and Healthy Outside Influences on our Lives Avoiding Negative Influences

Fire safety Water safety Streetwise Healthy eating First Aid Drugs First Aid - Allergies First Aid - Basic Life Support Gambling

Our Skills and the Workplace Entrepreneurs Our Skill Set and Aspirations Future Education and Vocations

Budgeting My dream job Entrepreneurs Design, advertise and present Importance of languages Apprenticeships Future education options CV writing

Mental Health and Wellbeing Mental Health Awareness Mental Health Awareness Mental Health Awareness

Art and mindfulness Meditation Growth mindset Mental health awareness Tapping and wellbeing Promoting emotional wellbeing Growth mindset Mindfulness