

## St Bede's Catholic Middle School

**"We are God's children working together to be our best in love, learning, service and worship."**

### Departmental Scheme of Work

**Curriculum Intent in SMSVC: SMSVC enables our pupils to become healthy, independent and responsible members of our school but also of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up which they will likely face.**

<b>Sequencing of the Curriculum</b>	Michaelmas 1 – Positive relationships Michaelmas 2 – Bullying Lent 1 – Respecting our body	Lent 2 – Staying fit and healthy Trinity 1 – Entrepreneurs Trinity 2 - Mental health and wellbeing
<b>Progression Model</b>	<p>What <b>knowledge</b> will pupils develop? <i>(Including Key Terminology)</i></p> <ul style="list-style-type: none"> <li>• To reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals.</li> <li>• To recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships</li> <li>• To recognise ways in which a relationship can be unhealthy and whom to talk to if they need support</li> <li>• To recognise different types of relationship, including those between acquaintances, friends, relatives and families</li> <li>• To recognise that relationships and friendships can change and how to deal with this – including transition.</li> <li>• To judge what kind of physical contact is acceptable or unacceptable and how to respond and understand the consequences of these actions</li> <li>• To listen and respond respectfully to a wide range of people, to feel confident to raise their own concerns, to recognise and care</li> </ul>	<p>What <b>skills</b> will pupils develop? <i>(Including literacy and numeracy)</i></p> <ul style="list-style-type: none"> <li>• Children explore their personal skills and talents,</li> <li>• Children develop their social interaction skills and their self-esteem during these celebrations of differences and talents.</li> <li>• Children also develop the ability to identify what makes a good friend and applying these skills to form relationships with peers.</li> <li>• Pupils understand the importance of working as a team and develop their teamwork skills, including how to resolve and deal with conflicts within a group or between two people.</li> </ul>

	<p>about other people's feelings and to try to see, respect and if necessary, constructively challenge others' points of view</p> <ul style="list-style-type: none"> <li>• To recognise and respond appropriately to a wider range of feelings in others and to depict what empathy means.</li> <li>• To recognise that they may experience conflicting emotions and when they might need to listen to, or overcome these</li> <li>• To understand how to deal with conflict.</li> <li>• To understand the importance of teamwork</li> <li>• To understand what positively and negatively affects their physical, mental and emotional health</li> <li>• Understand how to make informed choices (including recognising that choices can have positive, neutral and negative consequences</li> <li>• To recognise how their increasing independence brings increased responsibility to keep themselves and others safe</li> </ul>	
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<p><b>Lesson Objectives</b></p> <ul style="list-style-type: none"> <li>• To be able to listen to all sides of a disagreement and to resolve conflicts carefully.</li> <li>• To use skills to express opinions clearly.</li> <li>• To understand how to be effective when arguing an opinion.</li> <li>• To identify a range of relationships and consider how they manage those relationships</li> <li>• To analyse a variety of problems within relationships</li> <li>• To compose advice to others on how they can improve their relationships with others</li> <li>• To have a basic understanding of the different rights and freedoms of British citizens</li> <li>• To have a clear understanding of the link between rights and responsibilities</li> <li>• To have a developed understanding of rights and responsibilities, including who they apply to, where they come from and the principles behind them</li> </ul>	<p><b>Keywords</b></p> <p>Skills, talents, thankful, conflict, friends, friendship, teamwork, cooperation, feelings, empathy</p>
	<p><b>Ideas of how parents can support children in this unit</b></p> <ul style="list-style-type: none"> <li>• Encourage pupils to practise activities that they have a passion for.</li> <li>• Discuss common scenarios that pupils might find themselves in (inside and outside of school) and talk about how to deal with different types of conflict appropriately.</li> <li>• Teach pupils to have good morals and to think about how they treat others.</li> <li>• Discussions about what will and will not make a good friend.</li> <li>• Talk about responsibilities at home</li> </ul>
	<p><b>Marking/ Assessment of this unit</b></p> <p>The lessons for SMSVC are not formally assessed as learning outcomes are subjective and personal to each individual pupil. Pupils' work will regularly be read by teachers and followed up accordingly.</p>

- To identify my own talents.
- To present my own talents to the rest of the class.
- To reflect on how to make others feel happy and appreciated.
- To identify why teamwork is important.
- To demonstrate my teamwork skills.
- To reflect on what makes good teamwork.

**Virtual Curriculum and Extension ideas**

- Make a list of examples where people must work with a team.
- Talk to a family member about their talents/skills. Discuss how they developed their talent/skill.
- Teach someone else something you have learnt in school.
- Make a note of some of your closest friends – write down what makes them a good friend.
- Mind map the responsibilities that you have. These could be at home, at school, in a club or any other responsibilities

**Catholic Ethos**

Pupils will be grateful for the individual talents/skills they have and will be generous when sharing their talents/skills with others. They will also spend time appreciating what makes a good friend and relating this to their own experiences.

**SMSVC/ Personal Development**

The SMSVC outcomes are met through the learning objectives stated above.

**Cross Curricular Links**

- PE: Teamwork will be a crucial part of most subjects, particularly in PE.
- Art: Pupils will explore their artistic skills during this topic in their creation of a poster and their talents explore lots of different subjects (including Music, art, history, geography, PE etc).
- RE: links with the Catholic Virtues embedded into each lesson and the Catholic Teachings.
- English: Links with understanding empathy through text and looking at the difference to how this presents in real life and through text.
- History: Skills such as working together and dealing with conflicts. all appear in the development of humans through time. Especially from Ancient Britain to Anglo-Saxons, and their goals and aspirations were just to hunt and settle!

**British Values**

During this term pupils will have opportunities to explore, clarify and if necessary, challenge, their own and others' values, attitudes, beliefs, rights and responsibilities. They will learn skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives. These sessions will enable pupils to develop their self-knowledge, self-esteem and self-confidence. It will also encourage pupils to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.

**Careers**

- Professional athlete
- Construction
- Teacher
- Doctor
- Electrician
- Builder
- Paramedic
- Artist
- Accountant
- Vet
- Nurse