

St Bede's Catholic Middle School

"We are God's children working together to be our best in love, learning, service and worship."

Departmental Scheme of Work

Curriculum Intent in SMSVC: SMSVC enables our pupils to become healthy, independent and responsible members of our school but also of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up which they will likely face.

Sequencing of the Curriculum	Michaelmas 1 – Positive relationships Michaelmas 2 – Bullying Lent 1 – Respecting our body	Lent 2 – Staying fit and healthy Trinity 1 – Entrepreneurs Trinity 2 - Mental health and wellbeing
Progression Model	<p>What knowledge will pupils develop? <i>(Including Key Terminology)</i></p> <ul style="list-style-type: none"> • Know strategies for keeping safe online; the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others. • Responsible use of media devices such as mobile phones, tablets and PCs. • How to manage requests for images of themselves or others; what is and is not appropriate to ask for or share; who to talk to if they feel uncomfortable or are concerned by such a request • To recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves. • Know how pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources, including people they know and the media. • How to make informed choices (including recognising that choices can have positive, neutral and negative consequences). 	<p>What skills will pupils develop? <i>(Including literacy and numeracy)</i></p> <ul style="list-style-type: none"> • Children understand the term bullying and understand that bullying can come in many forms (Physical, Verbal, Cyber etc). • They learn what a 'loan shark' is and apply their understanding of bullying to see how they link. • Pupils also learn to understand what makes a positive relationship and reflect on their own relationships with other people - understanding that there are different forms of relationships. • Children should also apply their knowledge from Computing to understand how to protect themselves online, as well as the ages that they should be accessing social media. • This topic encourages independence, interpreting social interactions and also the appreciation and understanding of different cultures.

- To develop the skills to ask for help; to use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable or anxious or that they think is wrong
- Know what positively and negatively affects their physical, mental and emotional health – how social media and bullying can have affect on this.
- Understand there are good and not so good feelings, extending their vocabulary to enable them to explain both the range and intensity of their feelings to others
- To recognise that they may experience conflicting emotions and how to overcome these.
- To know the different forms of bullying and how to get help in bullying situations.
- Judge what type of physical contact is appropriate and that their actions can affect others.
- To recognise ways that relationships can be unhealthy and whom to talk to if they need help
- To understand the terms risk and danger – particularly relating to Loan Sharks
- To understand what a loan shark is, how they work and how this relates to bullying.
- Know that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see ‘protected characteristics’ in the Equality Act 2010).
- To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, ‘trolling’, how to respond and ask for help. They should also be able to recognise and challenge stereotypes.

Lesson Objectives

- To be able to show an understanding of different types of bullying.
- To explore what peer on peer abuse is.

Keywords

Emotional bullying, physical bullying, cyber bullying, report, block, online safety, empathy, social media, influence, national identities, cultures, religion, unique, special, differences, respect, appreciation.

<ul style="list-style-type: none"> • To show empathy by explaining feelings and emotions involved in bullying. • To review my own actions online. • To show an understanding of what information is acceptable/unacceptable to share online. • To show empathy for others by offering advice about cyber safety. • To be able to explain what the Black Lives Matter movement is and how it isn't just specific to the USA. • To explain why 'All Lives Matter' isn't a suitable response. • To suggest ways to challenge racism. • To show an understanding of social media and the dangers that can arise. • To consider feelings and reactions to social media scenarios. • To suggest ways to use social media safely. • To understand pressure comes in different forms, and what those different forms are • To know there are strategies that they can adopt to resist pressure 	<p>Ideas of how parents can support children in this unit</p> <ul style="list-style-type: none"> • Make sure pupils know how to deal with bullying in and out of school if this should arise. • When pupils are given parental permission to use social media, spend time with them to look at how it works, how to stay safe online and how to report any concerns. • Monitor what pupils are doing online. • Discuss pupils' heritage and family tree where possible 	
	<p>Marking/ Assessment of this unit</p> <p>The lessons for SMSVC are not formally assessed as learning outcomes are subjective and personal to each individual pupil. Pupils' work will regularly be read by teachers and followed up accordingly.</p>	
	<p>Virtual Curriculum and Extension ideas</p> <ul style="list-style-type: none"> • Spend time looking through various forms of social media, that pupils use, to make sure that they are familiar with how to keep themselves safe, how to use it safely and what to do if they have any concerns. • Make a PowerPoint to show to the class – include the different types of bullying and how to deal with it inside and outside of school. You could also include how to treat others well. • Pupils research their family tree and produce a poster about it, ready to share in lessons. • Choose a country/culture/religion that interests you – make notes about what makes it unique • Virtual curriculum units to complete – Spanish, German and Irish studies. Explore different nationalities and their culture. 	
<p>Catholic Ethos</p> <p>Pupils will be attentive when learning about these topics and discerning when considering their own actions. They will also be attentive when learning about different national identities, traditions and cultures and discerning by showing respect.</p>	<p>SMSVC/ Personal Development</p> <p>The SMSVC outcomes are met through the learning objectives stated above.</p>	
<p>Cross Curricular Links</p> <ul style="list-style-type: none"> • This topic links greatly to computing, which follows the topic of E-safety and application of computing skills to create a PowerPoint presentation. 	<p>British Values</p> <p>During this term pupils will be provided with accurate and relevant knowledge towards the different forms of bullying. They will look at skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives. They will explore</p>	<p>Careers</p> <ul style="list-style-type: none"> • Teacher • Pastoral care • Support worker • Doctor • Nurse

- Pupils explore their artistic skills and ability through the engagement of the poster competition.
- Children research a country or a culture (links with Geography) to research traditions, geographical features and appreciate differences in countries and culture.
- This is presented using their IT Presentation Skills.
- Links with maths looking at financial security.

opportunities, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities. The sessions will enable pupils to develop their self-knowledge, self-esteem and self-confidence. In addition, we will encourage pupils to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely. Furthermore, they will develop tolerance and harmony between our country's different cultural traditions by enabling pupils to acquire an appreciation of and respect for their own and other cultures. Finally, this term will encourage respect for other people; and encourage respect for democracy and support for participation in the democratic processes, including respect for the basis on which the law is made and applied in England.

- Counsellor
- Mental health worker
- Youth worker