

St Bede's Catholic Middle School

“We are God’s children working together to be our best in love, learning, service and worship.”

Departmental Scheme of Work

Curriculum Intent in SMSVC: SMSVC enables our pupils to become healthy, independent and responsible members of our school but also of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up which they will likely face.

Sequencing of the Curriculum	Michaelmas 1 – Dealing with negative emotions and relationships Michaelmas 2 – Bullying Lent 1 – Understanding our bodies	Lent 2 – Avoiding negative influences on our lives Trinity 1 – Future education and vocations Trinity 2 - Mental health awareness
Progression Model	<p>What knowledge will pupils develop? <i>(Including Key Terminology)</i></p> <ul style="list-style-type: none"> • Know the safe and responsible use of information communication technology • Understand that safety is everybody’s responsibility for themselves and those around them. • Perform basic first aid and life-saving skills, including cardio-pulmonary resuscitation • To understand and manage risk within the context of personal safety, especially accident prevention • To recognise bullying and abuse in all its forms (including prejudice-based bullying both in person and online/via text, abuse, exploitation and trafficking) and to have the skills and strategies to manage being targeted or witnessing others being targeted – delivered by West Mercia Police. • To recognise peer pressure and have strategies to manage it; to recognise ‘group think’ (where the cohesion of the group becomes more important than the choices or actions of the group) and to develop strategies for managing it 	<p>What skills will pupils develop? <i>(Including literacy and numeracy)</i></p> <ul style="list-style-type: none"> • Understand what they should do in an emergency situation • Understand what CPR is and when it is appropriate to carry out essential first aid • Develop and understanding about how safety includes physical and mental health. • Communicate their emotions and feelings in a safe and appropriate way • Developing empathy • Assess consequences for breaking the law in terms of carrying a weapon and apply this understanding to other contexts

- To understand the feelings and pressure that the need for peer approval can generate
- To understand laws relating to the carrying of offensive weapons (including what might motivate someone to carry one and the range of consequences); strategies for managing pressure to carry a weapon
- To know about the difference between friendship groups and gangs (including the risks posed by membership of gangs on individuals, families and communities); strategies for managing pressure to join a particular group or gang and how to access appropriate support
- To recognise, clarify and if necessary challenge their own core values and how their values influence their choices
- To know the effects of their actions on others and understand the concept of social responsibility
- To recognise strategies to manage different influences (including peer influence)

Lesson Objectives

- To be able to carry out a primary survey
- To place an unresponsive casualty, who is breathing normally, into the recovery position
- To know when and how to deliver CPR to an unresponsive casualty who is not breathing normally
- To understand the terms ‘habit’, ‘dependence’ and ‘addiction’
- To know what gambling is and its consequences, why people might choose to gamble, and how the gambling industry influences their choices and tries to engage them in gambling
- To know how to manage pressure or influence to gamble and access support if worried about themselves or others
- To know what peer pressure is.
- To understand that peer pressure can be positive and negative.
- To consider different ways to deal with negative peer pressure.

Keywords

Choices, dares, risks, dangers, hazards, mental health, internet, cyber world, CSE, exploitation, social media, friendship, police, law, peer pressure, first aid, safety, weapons, CPR

Ideas of how parents can support children in this unit

- Have a discussion with pupils about what could be classed as a weapon and the laws and dangers around weapons.
- Living responsibly and E safety is a lesson provided by Ten:Ten resources – use the online portal to log in beforehand and see what type of things the lesson cover and ask pupils about what they took from the session – See RSE policy for log in details for Ten:Ten.
- Talk with children about the reason for age limits on social media and why these have been put in place for their safety.

Marking/ Assessment of this unit

The lessons for SMSVC are not formally assessed as learning outcomes are subjective and personal to each individual pupil. Pupils’ work will regularly be read by teachers and followed up accordingly

- To learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online.
- To be able to explain and challenge the reasons why some young people may want to carry a knife/ weapon
- To assess a range of consequences of carrying or using a knife/weapon
- To explain how young people can make the choice to be knife/weapon free

Virtual Curriculum and Extension ideas

- Research more about first aid safety, use websites such as the NHS, St Johns Ambulance and create a presentation about facts they learn. They could learn about CPR, Burns, Athsma, Stings and how to react in these situations.
- Poster – create a poster about what to do in an emergency situation and create a comic strip about cardio-pulmonary resuscitation (CPR)
- After the SMSVC day, create your own list of questions based around the content of the day to ask parents/teachers.
- Reflect on your own values and link this to e-safety, weapons and safety

Catholic Ethos

Pupils will be faith-filled by understanding that God wants to keep us safe and that is our duty of care to look after one another. Pupils will be hopeful that everybody stays safe and understands the dangers around us and that they will be protected and safe by God.

SMSVC/ Personal Development

The SMSVC outcomes are met through the learning objectives stated above.

Cross Curricular Links

- English - to be able to write a diary entry and roleplay.
- RE - links to catholic virtues and the teaching behind weapons and loving our neighbours. Pupils will learn to debate the moral implications of different risky scenarios
- Computing: Links with e-safety module which runs from Year 5-8.
- History: Laws around weapons, first aid and hygiene and how this has changed - comparisons with today.
- Geography: Links with first aid understanding coasts, rivers and different places where somebody may be required to seem medical assistance.

British Values

This term will provide pupils with up to date and relevant knowledge. They will gain skills, language, and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives. Throughout the term pupils will distinguish right from wrong and to respect the civil and criminal law of England. Pupils will be encouraged to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.

Careers

- Fire fighter
- Health and safety officer
- Police officer
- Doctor
- Paramedic
- Nurse
- Athlete
- Personal trainer
- Builder – site manager
- Safety engineer
- Electrician
- Plumber