



Thursday 16th March 2023

10:00am - 11:30am

FREE

for
Herefordshire &
Worcestershire
Parents &
Carers

Supporting your Autistic Teen

via Microsoft
'Teams'

As part of our pilot service of support for 14-18 year olds, with a recent autism diagnosis, we are offering this training session about supporting your autistic teen.

The session will cover:

- Transitions
- Sensory differences
- Burnout
- Navigating relationships and self-identity
- Online safety

This training is open to any parent or carer in Herefordshire and Worcestershire with a recently diagnosed autistic teenager.

To book and for more information please visit:

<https://www.autismwestmidlands.org.uk/events>