

Parents Plus Adolescents Programme



“You have given me the confidence I needed to ensure that I do the best for my teen!”



An 8 week courses for families with 11—16 year olds who want support to understand their teenager.

If you ;

Want to get to know and connect more with your teenager;

Want support and problem solving ideas;

Want to meet other parents and share experiences;

Then this course could be for you!!

“It was helpful listening to others with similar difficulties. I felt listened to and not judged”.



The cost of this course is usually £300 per person.

However, we are able to offer it to you for free on this occasion.

Date: Wednesday 1st May 2019 for 8 weeks

Time: 12.30pm-2.30pm

Venue: Buttercup Centre, Carnforth Drive

Worcester, WR4 9HG

Contact **Louise** for further information on

01905 758411 or 07872503064