

Covid 19 Suggested Timetable

Week Commencing 4th May



Due to the current crisis, the government has suspended the National Curriculum, in the short term. As a school, we promote the use of this time to do things that you would not normally do, such as; going for walks as a family, playing games, cooking and doing Quizzes together and online.

Following parental feedback, here is a suggested timetable to give you a guide to support you in the work we are setting at home for this period. You are obviously free to complete tasks in your own way and adapt any of the tasks to suit your home environment and learning needs.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before 9am	Wake – up!! Get up, get dressed, have a healthy breakfast – start the day positively.				Bank Holiday – have a day off – spend time with your family, go for a run, for a bike ride but stay safe!
9:00 – 9:30am	Joe Wicks PE online on YouTube				
9:30 – 10:30am	Lesson One of https://www.bbc.co.uk/bitesize/dailylessons				
10:30 – 11:00am	Healthy Snack time and exercise of your choice				
11:00 – 12:00pm	Lesson Two of https://www.bbc.co.uk/bitesize/dailylessons				
12:00 – 1:00pm	Lunch				
1:00 – 2:00pm	Lesson Three of https://www.bbc.co.uk/bitesize/dailylessons				
2:00 – 3:00pm	St Bede’s Technology Challenge of the Day. (See Website or your school email for details)	St Bede’s Music Challenge of the Day. (See Website or your school email for details)	St Bede’s PE Challenge of the Day. (See Website or your school email for details)	St Bede’s French Challenge of the Day. (See Website or your school email for details)	
Evening	Accelerated Reading - try and do half an hour a day. Don’t forget to Quiz when you’ve finished your book!	Accelerated Reading - try and do half an hour a day. Don’t forget to Quiz when you’ve finished your book!	Accelerated Reading - try and do half an hour a day. Don’t forget to Quiz when you’ve finished your book!	Accelerated Reading - try and do half an hour a day. Don’t forget to Quiz when you’ve finished your book!	
Extension Tasks	Each subject has been set ONE extension task by your teachers in the following SharePoint link that you should look to complete each week, if you have time. Please use this link https://stbedes.sharepoint.com/sites/StBedesOffsiteWorking				

If you wish to follow another path you can log on to the Oak National Academy and follow the plans on there <https://www.thenational.academy/>