


PERI-PERI chicken!

PAPRIKA!

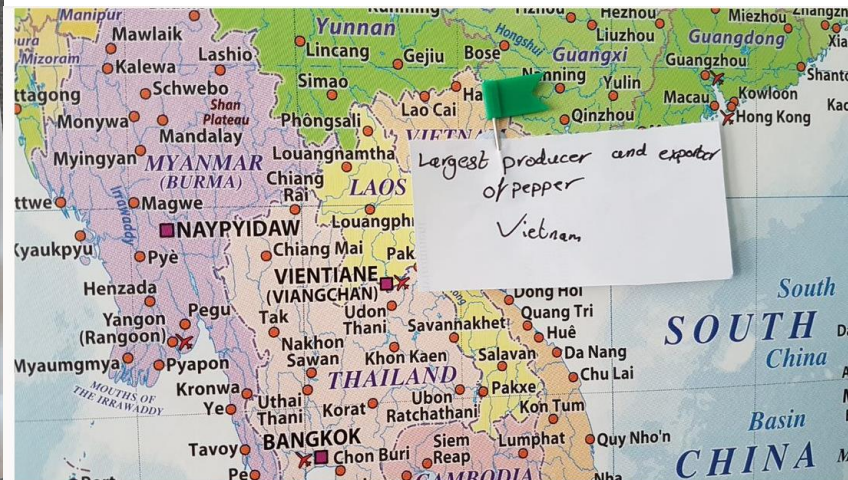
Paprika is an orange spice from Mexico. Paprikas best results are often achieved indoors, with heat. Although some varieties can grow outside elsewhere in the UK's climate. In Mexico it grows at temperatures 7 degrees Fahrenheit. My family love this spice on chicken when we go to Nandos on birthdays or for special occasions. I like it on pasta and other dishes as well.





Caliente Pepper!

This spice is not so familiar with my family but it is used in the Nandos mild peri-peri sauce. I love spicy food and love Nandos so I love Caliente Pepper. This lovely spice is from Tupi in India and only grows in sub-tropical and tropical climates. They grow in hotter climates than paprika at a temperature of 75 to 85 degrees Celsius. Caliente Pepper is a orange spice and it complements chicken.



Tropical Climate



Cumin is native to the eastern Mediterranean through to East India. Cumin (*Cuminum cyminum*) is an annual flowering herb from the family Apiaceae.

Would be hard to grow Cumin seeds in the UK because they need a long hot season to produce seeds


Garlic grows across the UK provided it is grown in a free draining soil that is not too acid and kept well watered and weed free

Garlic is believed to be a native of central Asia, South Asia or southwestern China. There is some debate over the origin of this herb. It is one of the world's oldest cultivated crops. Garlic lovers carried the pungent herb to Egypt, Tyche, India and China.



Moroccan Prawns

Recipe - Prawns, coriander, garlic, parsley, cumin, paprika, fresh tomatoes, basmati rice



Moderate to Subtropical Climate

Paprika or garden paprika (*Chroocyanum annuum*) is a species of flowering plant in the family Asteraceae that is native to the central and eastern Mediterranean region and in Mexico.

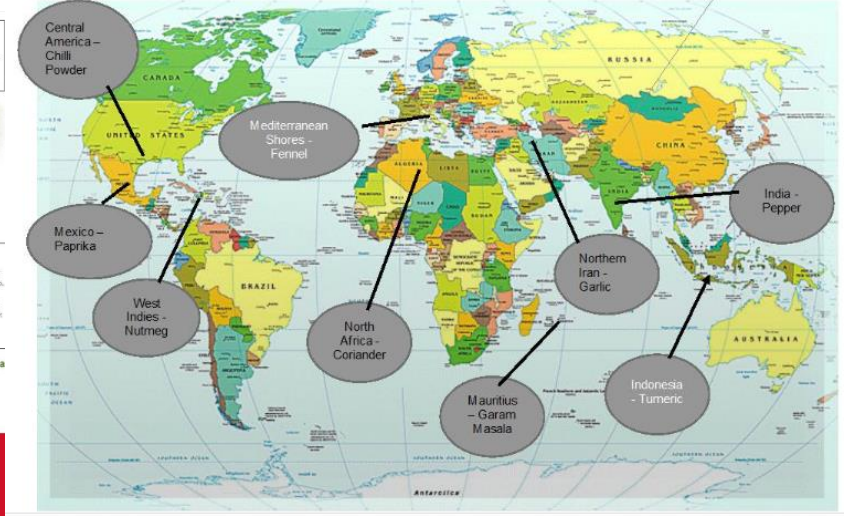
Coriander is native to regions spanning from southern Europe and North Africa to southwestern Asia. It is a soft, biennial plant growing to 50 cm (20 in) tall.

Coriander is grown in the UK in pots in the garden, grow outside or in a cold frame.

Paprika is a spice that consists of dried and ground chili peppers that originate in central Mexico. The name 'paprika' is Hungarian and its root is in the Greek word and a few Latin paper plants of which refer to pepper.

Paprika can be grown in the UK as long as you have somewhere warm to grow it

Tropical Climate

CAN I GROW THE HERBS AND SPICES

I could grow Onions and Garlic because they don't need a certain temperature and I could also possibly grow Paprika because the UK is sometimes wet and sometime hot country and paprika needs wet and warmth. I wouldn't be able to grow Basil and Peppercorns because they need a hot tropical place and the UK isn't hot enough.



Potato
 Peru
 The potato is originated from Peru and it was first brought to Europe by Sir Walter Raleigh. He introduced them to Ireland in 1589, it took nearly 4 decades (40 years) to spread to the rest of Europe.

Geography Challenge

One of my favorite family dishes is the traditional Polish dumplings with white cheese and potato.

Made by Anil Sajwan & Sitwa

Onion
 Central Asia
 Many archeologists, botanists and food historians believe Onions are originated from Central Asia. While others believe they are from Iran or West Pakistan. The Romans first brought the onions to Europe.

Black Pepper
 Kerala
 Black Pepper is originated from Kerala in South India and was first brought to Europe by many explorers like Christopher Columbus, Vasco de Gama, Sir Francis Drake and others.

Salt
 China
 Salt is originated from the surface of the Xizhi lake in Shanxi, it dates back to 6000 years BC making it one of the oldest varieties of salt works. Salt mines were already in Europe (Poland) but then Germany bought in sea salt.

ONE OF OUR FAMILY MEALS

One of our family's favourite meals is curry wich has a lot of herbs an spices.

Here they are.

- fenugreek.
- ginger.
- garlic.
- fennel.
- caraway.
- cinnamon.



CAYENNE PEPPER

- Grows in: India, East Africa, Mexico, and the United States.
- Conditions it grows in: tropical climates
- Can it grow in the UK? If you do it indoors or in a greenhouse



Garlic

- Garlic: Iran
- Garlic does well in loose, dry, well-drained soils in sunny locations. Iran has long, hot, dry summers.
- Garlic can be grown in England as long as the soil isn't too acidic and is kept well watered

